

A green lightbulb icon with radiating lines, symbolizing an idea or inspiration.

imagine

OCTOBER 25-27, 2022

POWERED BY **ICF** Coaching
Education

elevate



Next Best Coaching Move

Courageous Coaching, Authentic Practice

Core Competency, Listens Actively

Presenters:

Matthew Pearson, MCC

Nicole Scott, PCC

NYC School Leadership Coaching (2019)



Knee-to-knee

What's on your mind today?



Goals & Essential Question

Goals:

Continue to grow in our relationships

Expand our exploration of ICF Core Competency "Listens Actively"

Implement coaching moves based on Listening

Essential Question:

How can I *Listen Actively* and make the coaching move that supports my client?



Listening Actively

I know I am listening actively . . .
(finish the sentence)

Review Core Competency



CC 6 Listens Actively

1. Considers the client's context, identity, environment, experiences, values and beliefs to enhance understanding of what the client is communicating
2. Reflects or summarizes what the client communicated to ensure clarity and understanding
3. Recognizes and inquires when there is more to what the client is communicating



CC 6 Listens Actively

4. Notices, acknowledges and explores the client's emotions, energy shifts, non-verbal cues or other behaviors
5. Integrates the client's words, tone of voice and body language to determine the full meaning of what is being communicated
6. Notices trends in the client's behaviors and emotions across sessions to discern themes and patterns



Next Best Coaching Move Process

Observe 5-7 minutes of Nicole coaching Matt (Listen Actively)

Round 1

Breakout rooms 7-minute discussion - what did you hear/see/notice?

What is your room's next best coaching move?

Return to main room, each room shares ONE coaching move

Matt chooses the room/next coach who coaches for 5 minutes

Process repeats for 2 more rounds



Debrief

1. What was valuable about this learning experience?
2. What challenged your Listening Actively? What supported it?
3. What would have made this learning even more effective?

Thank you!

Matthew Pearson Mpearson3@schools.nyc.gov
Nicole Scott Nscott@schools.nyc.gov

Feedback Form link in chat!

