

Coaching Innovation - Affecting profound change for leaders and teams in life and at work

Participant Session Worksheet and Handout

To maximize your learning experience, and help you make sense of, internalize and apply the learnings, we have designed this worksheet for you to refer to during the session.

This will enable you to retreat, reflect and consider your responses to these questions which link directly to the Power Point slide presentation:

1. We are living in an increasingly chaotic world, where the level of economic and social uncertainty is on the rise:



- How might you behave in such a world, where old patterns are seeming to crumble while new ideas and systems still need to be invented and established?
- How can you manage to stay mentally healthy, create, invent and innovate despite all this chaos, disruption and uncertainty?

2. There is a range of BANI challenges and constraints in the decade of disruption and transformation:



- How exactly is BANI manifesting in your world right now?
- How is your business practice being impacted?
- How are your clients being impacted?

3. Accepting and acknowledging people to be heard and allowing them to be where they are at:



- How might you better support your clients to recover and rehabilitate from any unresourceful states?
- How might you help enabled and empower them to re-connect?
- How might you help them re-engage towards a more compelling future?

4. Ensure that people are heard and understood:



- How might you help people self-regulate and self-manage their range of reactive responses?
- How might you help people identify and break old unresourceful habits?
- How might you inspire and pull your clients towards a more compelling future?

5. This is not a time to panic, it is a time to help people pause, retreat and reboot to create, invent and innovate:



- How might you develop a regular reflective practice, or enhance the one you have?
- How might you take the time out to partner with clients to emerge possibilities and seek opportunities?
- How might you support clients to achieve a better balance?

6. Why innovate, why is innovation an important lever for positive change:



- Why might innovation be important to you, and to your business practice?
- Why might innovation be important to your clients?
- How might being more innovative benefit you, your business practice and/or your clients if they became more innovative?

7. Innovation involves change, or something different that adds value to the quality of people's lives in ways they appreciate and cherish:



- What are some of the key words that make innovation meaningful for you, to your clients and to your business practice?
- How might you define innovation in your own unique context?
- How might you consider innovating in your business practice?

8. Innovation involves knowing how to be present, sense, see, respond to opportunities and solve problems in creative ways that people value, appreciate and cherish:



- What are some of the key problems you are facing in your business practice right now?
- What are some of the key problems your clients might be facing in their personal or professional situations right now?
- What might be some of the key opportunities you could help yourself and your clients exploit by being innovative?

9. Innovation involves being conscious, and the ability to connect, explore, discover, design and deliver commercial solutions, through being creative, inventive and by maximizing diversity and differences, experimenting to fail fast and learn by doing:



- How is this model different, or similar to how you perceived innovation?
- What are some of your strengths that could support you being more innovative?
- What are some of your opportunities for enhancing your coaching practice through becoming more innovative?

10. Innovation coaches operate from a whole person and whole system perspective:



- How might you optimize systemic change to deliver transformational outcomes in a BANI world?
- How might you optimize multiple brain or multiple intelligence to enable clients to integrate and align their innovation goals in a BANI world?

11. Innovation coaches' effect positive change and transformation:



- How might cultivating more of these qualities benefit you, and your clients succeed and grow in a BANI world?
- How might cultivating more of these qualities help you, and you flourish in a BANI world?

12. Affecting profound change in your world:

- What has really stood out for you from this session?



imagine Affecting profound change in your world

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- What has really stood out for you from this session?
- What is your key take away?
- What is one thing you are going to stop doing?
- What are willing to experiment with in your coaching practice?
- One word into the chat box?

- What is your key take away?
- What is one thing you are going to stop doing?
- What are willing to experiment with in your coaching practice?




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